



◀ BUILDING BLOCKS

## WHAT SPA SERVICES ARE MOST POPULAR IN SUMMER?

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“Our summer months are so breathtaking with the cherry blossom trees blooming, and spa-goers come to relax and realign their lives. Our most popular treatment is the Blue Corn Honey Float Wrap (90 min./\$210). A finely ground blend of blue corn (an honored plant in Native American culture) and local Primland honey create a vitamin-rich scrub that leaves skin silky smooth and nourished, while our Softpak Float System cocoons and rejuvenates the client. After the wrap portion of the service, the guest is soothed with a 60-minute massage using a Naturopathica aromatherapy blend.”

### Sabrina Antoine

Spa director  
The Spa at Primland  
Meadows of Dan, Virginia

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