



*The best of Blue Ridge cuisine,
elements uses products from
our organically farmed gardens,
as well as other local, sustainable producers.
With inspiration from around the globe,
we maintain a sense of history while
encouraging abandon and delight.*

SIGNATURE BEVERAGES

Highland Sunrise	5
fresh squeezed grapefruit juice, pomegranate, blueberry	
Mountain Top Breeze	5
fresh squeezed orange juice, cranberry juice, garden mint	
Strawberry Spa Smoothie	6
Primland recipe, blended to perfection	
Primland Mimosa	14
prosecco, fresh squeezed orange juice	
Primland Bloody Mary	10
Absolut, lodge-made mix	
Fresh Squeezed	5
orange or grapefruit Juice	

COFFEE

Primland Blend Honduras Coffee Co.	4
regular or decaffeinated	
Espresso, Cappuccino, Latte	6

FRESH START

Yogurt Parfait	7
almond granola, chia, pomegranate	
Fresh Fruit Salad	6
pineapple, honeydew, cantaloupe, fresh berries	
A Bowl of Cereal	4
almond granola, honey nut cheerios, or raisin bran, <i>served with milk</i>	

COMFORTING CLASSICS

Blueberry-Buttermilk Pancakes	13
warm Virginia maple syrup, side of bacon or sausage patties	
Brioche French Toast	13
sautéed bananas, warm Virginia maple syrup, side of bacon or sausage patties	
Organic Steel Cut Irish Oatmeal	9
apple cider, orange, brown sugar, dried fruit, toasted pecans	
Avocado Toast	16
topped with sous vide egg, tomato, basil, sour cream	
Biscuits and Gravy	16
sausage gravy, buttermilk biscuits, cheddar cheese scrambled eggs	

FARM FRESH EGGS

served with sea salt and herb potatoes

Highland Omelet	16
three eggs, sausage, bacon, ham, cheddar	
Earthly Omelet	16
three eggs, mushrooms, spinach, tomato, smoked gouda	
Spa Omelet	16
egg whites, spinach, tomatoes, fresh herbs	
Custom Omelet	16
<i>choose three:</i> mushrooms, tomato, ham, onions, swiss, cheddar, smoked gouda, bacon, sausage, spinach, peppers	
The Lodge Breakfast	15
two eggs any style, smoked bacon, herb potatoes, buttermilk biscuit	
Tomato and Goat Cheese Frittata	16
green onion, wilted spinach, fresh herbs, sausage	
Eggs Benedict	16
English muffin, poached eggs, classic hollandaise, wilted spinach, crispy country ham strips, grilled tomato	

SIDES

Sea Salt and Herb Potatoes	5
Cup of Byrd's Mill Cheese Grits	5
2 Eggs Any Style	5
Toasted Sourdough Bread, Wheat Bread, or English Muffin	3
Pecanwood Smoked Bacon, Ham, or Sausage Patties	4

*Lodge made fresh breakfast breads
served
complimentary*

CONSUMING RAW OR UNDERCOOKED MEATS,
POULTRY, SEAFOOD, SHELLFISH, OR EGGS
MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS.