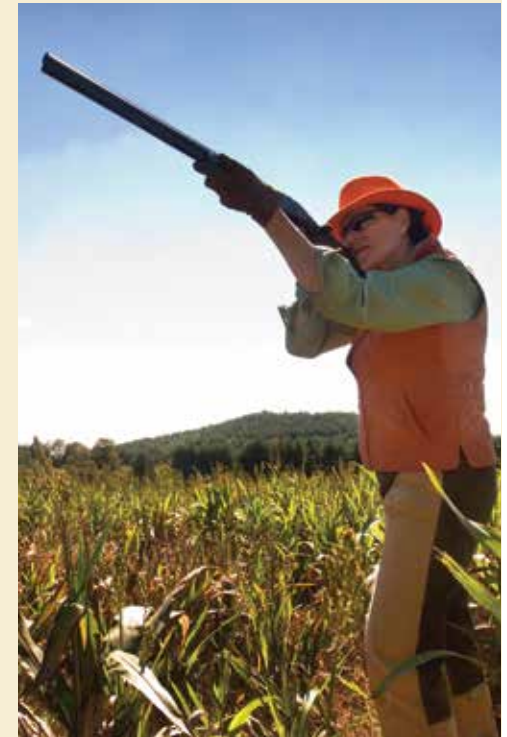


November 2017

Daily Activities: ■ Afternoon Tea, 4:00 pm ■ Happy Hour, 19th Pub, 4:00 pm
Nightly Activities (start times vary): ■ S'mores on the Terrace ■ Stargazing
 Events and activities are subject to change.

■ Complimentary Activity *Reservation required

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|--|---|---|
| <p>Complimentary shuttles will depart from The Lodge for activities every hour on the half hour from 7:30 am until 5:30 pm. Dinner shuttles available upon request.</p> | | | <p>1 10:00-10:45 AM: Coffee with the Pastry Chef</p> | <p>2 1:00 PM: Fall Foliage Hike</p> | <p>3 3:00 PM: Fly Tying 3:00 PM: The Power Game 5:00 PM: Manager's Reception 6:30-8:30 PM: Live Music (Stables Saloon) 9:00 PM: Whiskey Tasting</p> | <p>4 9:00 AM: Yoga 10:00 AM: Fall Foliage Hike 10:30 AM: Forest Bathing 1:00 PM: Putt Like a Champion 5:00 PM: Manager's Reception 5:30-7:30 PM: Live Music (Lodge) – Dave Cecil 6:30-8:30 PM: Live Music (Stables Saloon) 9:00 PM: Scotch Tasting</p> |
| <p>5 11:30 AM: Brunch*</p> | <p>6 7:00 AM-5:00 PM: Complimentary Geocaching 1:00 PM: Nature Hike</p> | <p>7 7:00 AM-5:00 PM: Complimentary Geocaching 10:00AM: Garden Tour 3:00 PM: Archery/Air rifle</p> | <p>8 10:00-10:45 AM: Coffee with the Pastry Chef</p> | <p>9 1:00 PM: Fall Foliage Hike</p> | <p>10 3:00 PM: Fly Tying 3:00 PM: The Power Game 5:00 PM: Manager's Reception 6:30-8:30 PM: Live Music (Stables Saloon) 9:00 PM: Whiskey Tasting</p> | <p>11 9:00 AM: Yoga 10:00 AM: Fall Foliage Hike 10:30 AM: Forest Bathing 1:00 PM: Putt Like a Champion 5:00 PM: Manager's Reception (Lodge) – Justin Craig 5:30-7:30 PM: Live Music (Stables Saloon) 9:00 PM: Scotch Tasting</p> |
| <p>12 11:30 AM: Brunch*</p> | <p>13 7:00 AM-5:00 PM: Complimentary Geocaching 1:00 PM: Nature Hike</p> | <p>14 7:00 AM-5:00 PM: Complimentary Geocaching 10:00AM: Garden Tour 3:00 PM: Archery/Air rifle</p> | <p>15 10:00-10:45 AM: Coffee with the Pastry Chef</p> | <p>16 1:00 PM: Fall Foliage Hike</p> | <p>17 3:00 PM: Fly Tying 3:00 PM: The Power Game 5:00 PM: Manager's Reception 6:30-8:30 PM: Live Music (Stables Saloon) 9:00 PM: Whiskey Tasting</p> | <p>18 9:00 AM: Yoga 10:00 AM: Fall Foliage Hike 10:30 AM: Forest Bathing 1:00 PM: Putt Like a Champion 5:00 PM: Manager's Reception 5:30-7:30 PM: Live Music (Lodge) – Dave Cecil 6:30-8:30 PM: Live Music (Stables Saloon) 9:00 PM: Scotch Tasting</p> |
| <p>19 11:30 AM: Brunch*</p> | <p>20 7:00 AM-5:00 PM: Complimentary Geocaching 1:00 PM: Nature Hike</p> | <p>21 7:00 AM-5:00 PM: Complimentary Geocaching 10:00AM: Garden Tour 3:00 PM: Archery/Air rifle</p> | <p>22 10:00-10:45 AM: Thanksgiving Treats with the Pastry Chef</p> | <p>23 1:00 PM: Fall Foliage Hike 1:00-7:00 PM: Thanksgiving Buffet (Elements) 2:00-6:00 PM: Thanksgiving Dinner Family Style (Stables Saloon) 4:30-6:30 PM: Live Music (Lodge) – Justin Craig</p> | <p>24 9:00AM: Yoga 10:00 AM : 5k Turkey Trot 10:30AM: Forest Bathing 12:00PM: Day After Feast (Elements) 3:00 PM: Fly Tying 3:00 PM: The Power Game 5:00 PM: Manager's Reception 6:30-8:30 PM: Live Music (Stables Saloon) 7:00 PM: Native American history display and discussion (Great Hall) 9:00 PM: Whiskey Tasting</p> | <p>25 9:00 AM: Yoga 10:00 AM: Interpretive Hike 10:00 AM: Make a Native American Dance Bell (Galaxy Foyer) 10:30AM: Forest Bathing 11:00AM: Design a Cherokee Dance Stick (Galaxy Foyer) 12:00 PM: College football and tailgate snacks (Theatre) 12:00PM: Day After Feast (Elements) 1:00 PM: Putt Like a Champion 2:00 PM Traditional Dance demonstration (Galaxy Foyer) 3:00 PM: Primitive Hunting Tools (East Lawn) 4:00 PM: Weave a Basket (Galaxy Foyer) 5:00 PM: Manager's Reception 5:30-7:30 PM: Live Music (Lodge) – Mediocre Bad Guys 6:30-8:30 PM: Live Music (Stables Saloon) 9:00 PM: Scotch Tasting</p> |
| <p>26 10:00 AM: Cherokee Morning Ritual, Nature Walk to Medicine Creek – Meet in Great Hall 11:30 AM: Brunch*</p> | <p>27 7:00 AM-5:00 PM: Complimentary Geocaching 1:00 PM: Nature Hike</p> | <p>28 7:00 AM-5:00 PM: Complimentary Geocaching 10:00AM: Garden Tour 3:00 PM: Archery/Air rifle</p> | <p>29 10:00-10:45 AM: Coffee with the Pastry Chef</p> | <p>30 1:00 PM: Fall Foliage Hike</p> | THANKSGIVING | |



November 2017 activities and events



At Primland, you can try everything or, with great pleasure, do very, very little. If you have questions, or you would like to make a reservation please contact Guest Services at extension 3940.

DAILY ACTIVITIES

Complimentary Shuttles

Hourly, 7:30am – 5:30pm

Complimentary shuttles will depart from The Lodge for activities at the following times. Dinner shuttles upon request.

Afternoon Tea

Daily, 4:00pm – 5:00pm

Relax with a comforting cup of tea. Enjoy a variety of Tea Forté teas and seasonal treats in the Great Hall.

Happy Hour, 19th Pub

Daily, 4:00pm – 5:00pm

Featuring select \$6 moonshine cocktails which reflect the region's bootlegging history.

S'mores on the Terrace

Nightly, start times vary

In the evening, convene on the North Terrace around a welcoming fire. Top off the night with a sweet treat — s'mores fixings are available at all times for your pleasure.

Nightly Stargazing (weather permitting)

Nightly, 8:00pm and 9:30pm

The sky is truly the limit at Primland. You are invited to take a tour of the universe in our state of the art observatory dome using the latest technology for stargazing and astrophotography. On clear nights, the roof of the dome slides back to reveal the night sky above. Using a combination of traditional naked eye and advanced telescope viewing, you will explore the beautiful Primland sky and extraordinary deep space objects visible from our dark location away from city lights. To make advance reservations, contact the Front Desk at (276) 222-3940 or email stargazing@primland.com. Please check in at the Front Desk of the Lodge at your scheduled reservation time to meet your guide. \$35/person, no charge for children under 10.

Manager's Reception

Fridays and Saturdays, 5:00pm

Start your evening in the Great Hall at our Manager's Reception with complimentary wine and canapés.

SPORTS AND FITNESS

Complimentary Geocaching

Mondays and Tuesdays, 7:00am-5:00pm

Geocaching is a high-tech treasure hunt played throughout the world by adventure seekers equipped with GPS devices. This fun game of hide-and-go-seek involves using the GPS device to locate hidden canisters, or geocaches. The geocaches may contain little treasures or interesting information.

Achery/Air rifle

Mondays, 10:00am

Learn the proper techniques for handling archery equipment, then practice shooting at bull's-eye and 3-D targets. Air guns include Daisy, Benjamin and Gamo with spinner, bulls-eye, rolling and balloon style targets.

Nature Hike

Mondays, 1:00pm

Hike along the Pinnacle Overlook Trail with one of our expert guides, and discover the abundance of flora and fauna along the way.

Fly Tying

Fridays, 3:00pm

Local guides will show you how to create favorite fly patterns, some renowned and some less publicized. For those wishing to try their hand, there will be an open vise and plenty of guidance in how to create something that will catch fish.

Golf Family Clinics

For information on instruction and tee times, please contact the Golf Shop at extension 3827, open 7:30am – 6:00pm. Tune up your game with one of our clinics, led by Primland Teaching Professional Craig Gunn.

Cost is \$30 per clinic. Meet at the Pro Shop.

- Fridays, 3:00pm – The Power Game
- Saturdays, 1:00pm – Putt like a champion

5k Turkey Trot

Friday, November 24, 10:00am

Jog, run or walk away that turkey 'hangover' at Primland's First Annual 5k Turkey Trot. Complimentary to guests.

Yoga

Saturdays at 9:00am; limit of 8 people

Reinvigorate your muscles with a yoga session. Meet in the Spa Wellness Center. Advance reservations required. Wear comfortable shoes for walk to yoga deck. Please sign up prior to class by calling the Spa at extension 3965.

Forest Bathing

Saturdays, 10:30am-12:30am. Friday, November 24 and Saturday, November 25, complimentary for guests.

Composed of a meditative walk through nature, is recognized for its rejuvenating and restorative benefits through the techniques of deep nature connection, physically and mentally.

\$30.00 per person.

ENTERTAINMENT AND ENLIGHTENMENT

Thanksgiving Treats with the Pastry Chef

Wednesday, November 22, 10:00-10:45am

Savor Thanksgiving-inspired treats with Primland's renowned Pastry chef Cindy Carter.

Whiskey Tasting

Fridays, 9:00pm

Visit the 19th Pub for a sampling of five craft whiskeys — mostly bourbons. Learn how each is made and what contributes to their distinctive characteristics. **\$35 per person.**

Garden Tour

Tuesdays, 10:00am

Learn about the varieties of vegetables and herbs growing in the Primland garden, including basic growing tips and harvesting methods, with a complimentary tour.

Theatre

Relax indoors with the whole family in our intimate theatre, which is available by reservation. Settle into our plush sofas and watch a movie of your choice — we'll gladly set it up for you. For more information, please contact Guest Services.

Thursday, November 23

9:00am — Macy's Thanksgiving Day Parade

12:00pm — NFL Football & Tailgating Snacks

DINING

Stables Saloon

Open: Thursday, Nov 2 - Saturday, Nov 4

Friday, Nov 10 - Saturday, Nov 11

Friday, Nov 17 - Saturday, Nov 18

Thursday, Nov 23 - Saturday, Nov 25

For a casual dining experience, the Stables Saloon beckons with a lively atmosphere and a hearty meal that can be enjoyed by the whole family. Please check with Guest Services for availability.

Sunday Brunch

Sundays, 11:30am – 2:00pm

Brunch includes an entrée, a fresh continental buffet, a divine dessert buffet and all non-alcoholic drinks. \$29 per person; children age 10 and under dine free on the continental and dessert buffets. Kids menus available. Taxes and gratuity are additional. Last seating at 1:30pm.

Elements

Breakfast: Daily, 7:00am – 11:00am

Sunday Brunch: 11:30am – 2:00pm

Dinner: Daily, 6:00pm – 9:00pm

Dress code: casual for breakfast; formal for dinner.

19th Pub

Daily, 11:00am – 11:00pm

The lively atmosphere of the 19th Pub beckons with casual, hearty pub fare and a bar well stocked with draught beers, single malts and favorite cocktails. Walk-ins welcome.

In-Room Dining

Daily, 7:00am – 11:00pm

Available 24 hours with limited menu 11:00pm – 7:00am

OTHER ACTIVITIES

If you are interested in more information or making a reservation for any of the following activities please call Guest Services at extension 3940.

- Off-Road RTV Tours
- Disc Golf
- Horseback Riding
- Pond Fishing
- Mountain or Road Biking
- Tree climbing
- Games Room
- Paddle boarding
- Kayaking
- Spa
- Sporting Clays
- Tennis
- Tomahawk Throwing

NEWS AND EVENTS

Primland mobile app

Whether you are planning your next stay at primland or you are a current guest, you will find our new, free Mobile app makes everything easy to manage. In addition to providing information about our 12,000-acre blue ridge mountain resort, the app provides access to other helpful services including concierge, housekeeping, wake up call, transportation and getting around.



Native American Weekend

November 24-26, 2017

Native Americans celebrate this period of long nights and short days, when the air is cool, crisp and feels clean. It is a time of giving thanks for abundance that has been gathered and stored for the winter. Explore the symbols of this time: west wind, fire, the owl, obsidian, mistletoe and the color gold. In celebration of Native American month, learn from special guests Jeannie 'E Nah Dah' Cranford and Michael 'Thunder Dancer Sees the Ground' Cranford, who are of Cherokee descent, about the vibrant traditions of Native Americans. This weekend includes storytelling, dance and ceremonial dress presentations as well as hands on workshops.

Friday:

Native American History Display – Great Hall Lobby, 7:00pm

Saturday:

Make Native American Dance Bells – Galaxy Foyer, 10:00am

Paint your Cherokee Dance Stick – Galaxy Foyer, 11:00am

Day After Feast – Elements, 12:00pm, \$20 per person

Learn Traditional Native American Dance – Galaxy Foyer, 2:00pm

Primitive Hunting Tools Demonstration – East Lawn, 3:00pm

Learn Native American Weaving Techniques – Galaxy Foyer, 4:00pm

Sunday:

Cherokee Walk to Medicine Creek – Meet in Great Hall 10:00am

