



## body therapies

### **Native Embrace Blue Corn and Honey Body Scrub** 60 minutes \$110

Get back to nature. A blend of native blue cornmeal and local honey, oats and dried herbs are combined with the finest blend of massage oils to create a body scrub that will leave your skin silky soft and glowing. A nourishing application of moisturizer is included with this treatment.

### **Detoxifying Seaweed Body Wrap** 90 minutes \$160

An exotic, mineral-rich body serum with potent herbal extracts helps to remove toxins from the skin. Katrafay Extract from Madagascar, Juniper Oil, Ume Plum from Japan and Angelica all work together to detoxify, firm, remove excess fluid and fortify the body. A rejuvenating full body massage is included with this treatment.

### **Espresso Mud Body Scrub** 90 minutes \$160

This rich mud scrub combines sweet, earthy notes of Arabica coffee and Sarsaparilla with volcanic pumice and Black Silt clay to exfoliate and help remove impurities. This aromatic scrub will leave your skin smooth and moisturized. A hydrating full body massage is included with this treatment.

### **Rosemary Citron Sea Salt Scrub** 60 minutes \$110

A stimulating, exfoliating mineral scrub for rough, dry skin. Mineral rich sea salt crystals remove dead skin while hydrating and purifying essential oils moisturize and heal. Rosemary, an excellent antioxidant, helps promote a healthy glow and is combined with lemon peel and safflower oil to soften and smooth dry, tired skin. A nourishing application of moisturizer is included with this treatment.

### **Lemon Verbena Body Polish** 60 minutes \$110

This gentle, creamy exfoliating polish combines bright citrus notes of lemon verbena with the delicate sweet floral essence of lavender. A blend of jojoba beads, shea butter, aloe vera and oat protein smooth and soften the skin without irritation. An application of moisturizer leaves your skin feeling youthful and refreshed.

### Soft Pack System™

The calming sensation of weightlessness in your very own flotation sanctuary. A unique and unforgettable experience, this treatment offers complete relaxation of the muscular system and joints. In the Soft Pack System, guests do not come in direct contact with water, but are wrapped in a thin membrane which adjusts to the shape of the body due to the water pressure. Therapeutic treatments using pure and natural products are performed, promoting circulation and allowing the skin to absorb active ingredients for optimal results.

### Blue Corn and Honey Wrap & Float 60 minutes \$130

Inspired by the American Indians, this treatment begins with a gentle blue corn and honey scrub. Wrapped in a cocoon of warm honey, relax in weightless elegance as your body is deeply nourished and moisturized. This treatment is followed by a 30-minute relaxing massage.

### Mountain Top Hay Float 60 minutes \$130

Indulge yourself in a warm bath with damp mountain top hay and experience the benefits to your body and senses. The aroma and warmth help you relax, while the hay and water purify, detoxify and stimulate the metabolism. This comforting bath deepens breathing, relieves tension in the neck and back and concludes with a 30-minute detoxifying massage.

### Magic Lake Wrap & Float 60 minutes \$130

Inspired by an American Indian legend which tells of a mystical, healing body of water known only to the animals of the forest, this soothing treatment, like the Magic Lake, eases dry, stressed skin, leaving you rejuvenated and refreshed. A gentle scrub fortified with a nourishing blend of goat milk bath, aloe vera, jojoba and other specialized oils soothes and replenishes.

### Sport Therapy Wrap & Float 60 minutes \$130

Enjoy the ancient healing power of Sedona Mud which is known to regenerate the protective outer layer of the skin. This treatment is valuable for those with rheumatic conditions and benefits circulation, detoxification and muscle relaxation. An excellent choice for athletes and active individuals. This treatment concludes with a 30-minute detoxifying massage.